

MOTIVATIONAL INTERVIEWING: UNLOCKING INTRINSIC MOTIVATION



THURSDAY & FRIDAY, OCTOBER 19TH & 20TH
FROM 9:00 A.M. — 4:30 P.M.
RED LION RIVER INN, 700 NORTH DIVISION STREET
SPOKANE, WASHINGTON

6.5/13 CEUs

“A person comes through our doors in varying degrees of pain – physical, mental, emotional, spiritual. They present ambivalent, apprehensive, or even defensive. Each has a strong desire to be well, even though their symptoms may say something else in their behaviors. We now view such “resistance” as a signal for the counselor to modify strategies.

Motivational Interviewing (MI) is a client-centered, evidence-based method for enhancing intrinsic motivation to change. MI is not something that one does to people. Rather, it is a fundamental way of being with and for people – a facilitative, partnership approach of communication that evokes natural change.

MI is the ongoing development of a style that has a lasting effect on the therapeutic relationship. This two day workshop will include didactic, client demonstrations, and experiential components to help clinicians understand the “spirit” and practice of MI.”

TO REGISTER CALL ANGIE

**\$40 FOR ONE DAY OR
\$60 FOR BOTH DAYS.**

Counselors • Social Workers • Psychologists • Case Managers
Addiction Counselors • Therapists
Other Mental Health Professionals

Rhonda McKillip, MEd, LMHC, MAC, CCDC III, CDP is a Psychotherapist in private practice in Spokane, Washington. She is National Presenter and author of *THE BASICS, Second Edition: A Curriculum for Co-Occurring Psychiatric and Substance Disorders*, Foreword by Kenneth Minkoff, MD. Ms. McKillip is a member of the international Motivational Interviewing Network of Trainers, NAADAC Approved Education Provider, and instructor for The Washington Institute for Mental Illness Research & Training.



SPARC
SPONSORED &
NAADAC
APPROVED EDUCATION EVENT